## NBRC Lap Pool March 24 - 31

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am 6:30am	<b>Elks</b> 6:00-7:30	Lap Swim	<b>Elks</b> 6:00-7:30	Lap Swim			
7:00am	*5 lanes	6:00-8:00	*5 lanes	6:00-8:00	Lap Swim	Boulder	
7:30am					6:00-9:00	Swim	
8:00am	<b>Lap Swim</b> 7:30-9:00	Drop-in Fit	<b>Lap Swim</b> 7:30-9:00	Drop-in Fit		7:00-9:00	Masters
8:30am	7.30-3.00	8:00-9:00 *4 Lanes	7.30-3.00	8:00-9:00 *4 Lanes		*3 lanes	8:00-9:30
9:00am	Drop-in Fit		Drop-in Fit		Drop-in Fit	Elks	*2 lanes
9:30am	9:00-10:00 *4 Lanes		9:00-10:00 *4 Lanes		9:00-10:00 *4 Lanes	9:00-10:00 *2 Lanes	<b>Masters</b> 9:30-10:30
10:00am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Elks & BHS	*4 lanes
10:30am	Masters 10:30-11:30	9:00-12:00	Masters	9:00-12:00	Masters	10:00-11:00 *2 lanes	
11:00am	*3 Lanes		10:30-11:30 *3 Lanes		10:30-11:30 *3 Lanes	11:00-11:30 *5 lanes	
11:30am							<b>Lap Swim</b> 10:30-1:00
12:00pm		Masters		Masters		<b>Lap Swim</b> 11:30-1:00	10.50 1.00
12:30pm	Lap Swim 11:30-4:00	12:00-1:00 *3 lanes		12:00-1:00 *3 lanes	<b>Lap Swim</b> 11:30-4:00	11.00 1.00	
1:00pm		<b>Lap Swim</b> 1:00-4:00	<b>Lap Swim</b> 11:30-4:00	<b>Lap Swim</b> 1:00-4:00		Open Swim 1:00-4:00 *4 Lanes	<b>Open Swim</b> 1:00-3:00 *4 Lanes
1:30pm							
2:00pm							
2:30pm							
3:00pm							
3:30pm							
4:00pm	BHS & FHS 4:00-5:00 *4 lanes	BHS, FHS,	BHS & FHS 4:00-5:00	BHS, FHS,	BHS & Elks 4:00-5:30	<b>Lap Swim</b> 4:00-6:30	<b>Lap Swim</b> 3:00-7:30
4:30pm		Elks	*4 lanes	<b>Elks</b> 4:00-6:00			
5:00pm	5:00-5:30 *2 lanes 4:00-6:00 5:30-6:00 *6 lanes *2 lanes		5:00-5:30 *2 lanes		*2 lanes		
5:30pm		5:30-6:00 *6 lanes	*2 lanes	5:30-6:00 *3 lanes			
6:00pm	6:00-7:00 *4	<b>Zumba</b> 6:00-6:45 *4 lanes		<b>Zumba</b> 6:00-6:45 *4 lanes	<b>Lap Swim</b> 6:00-7:00		
6:30pm		Barracudas		4 lattes			
7:00pm	H <sub>2</sub> 0 Fit & BoldRun 7:00-8:00	6:45-7:45	Lap Swim				
7:30pm	*2 Lap Lanes	*6 lanes	6:00-9:00	Lap Swim	Drop Slide Open		
8:00pm	Lap Swim	Lap Swim		6:45-9:00		During Sat Sun	turday and day
8:30pm	8:00-9:00	7:45-9:00			Open Swim Times Only		

\*Indicated Number of Lap Lanes Open to the Public

\*\*ALL POOL SCHEDULES ARE SUBJECT TO CHANGE WITHOUT NOTICE\*\* North Boulder Recreation Center- 3170 N. Broadway; (303) 413-7260